



MILFORD

CENTRAL SCHOOL

Home of the Wildcats

Comprehensive PK-12 Counseling and Guidance Plan

Milford Central School District
42 West Main Street, Milford, NY 13807

September 2021

This comprehensive model is the centerpiece of the Milford Central School District's effort to transform and assess the school counseling program. This complete comprehensive model acts as a manual for all school and community members in clarifying the role of the school counselor.

Counseling and Guidance Vision

The Milford Central Counseling and Guidance Department believes that every student is unique and capable of becoming a critical thinker, a lifelong learner and a contributing citizen in both our local and our global societies. Our PK-12 program focuses on maximizing student achievement by addressing the academic, career and social/emotional development needs of all students. Partnering with students, teachers, families and the community provides counselors with the unique ability to address issues that impact students' daily lives and their success in the educational environment.

Counseling and Guidance Staff

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Counseling and Guidance Program Advisory Council

Members

Jennifer Johnson, School Counselor

Nicole Lippitt, School Counselor

Teresa Glavin, Director of Instructional Services and Dean of Students

Kimberly Johnson, School Psychologist and CSE Chair

Marion Mossman, Parent, Board of Education, System of Care Grant Coordinator

Jennifer Maison, Elementary Teacher

Alicia Flint, Physical Education and Health Teacher

Program Evaluation

This plan is a working document that will require annual evaluation and assessment by the Advisory Council. The annual review process will be based on our progress toward meeting the standards established in Appendix A. Appendix B contains a school counseling program assessment tool that is completed with the Advisory Team during both fall and spring meetings.

Delivery of Counseling and Guidance Services

Our counseling and guidance activities are driven by standards developed by the American School Counseling Association (ASCA), the New York State Career Development and Occupational Studies (CDOS) standards (Appendix C), and the New York State Social Emotional Learning Benchmarks (Appendix D.) Ultimately, our goal is to ensure that all students PK-12 are receiving instruction that delivers and meets these standards.

Listed below are the current activities included in the Milford Central School Counseling and Guidance Program. A summary of counseling services by content area is also provided.

Current Counseling and Guidance Activities (By Mode of Delivery)

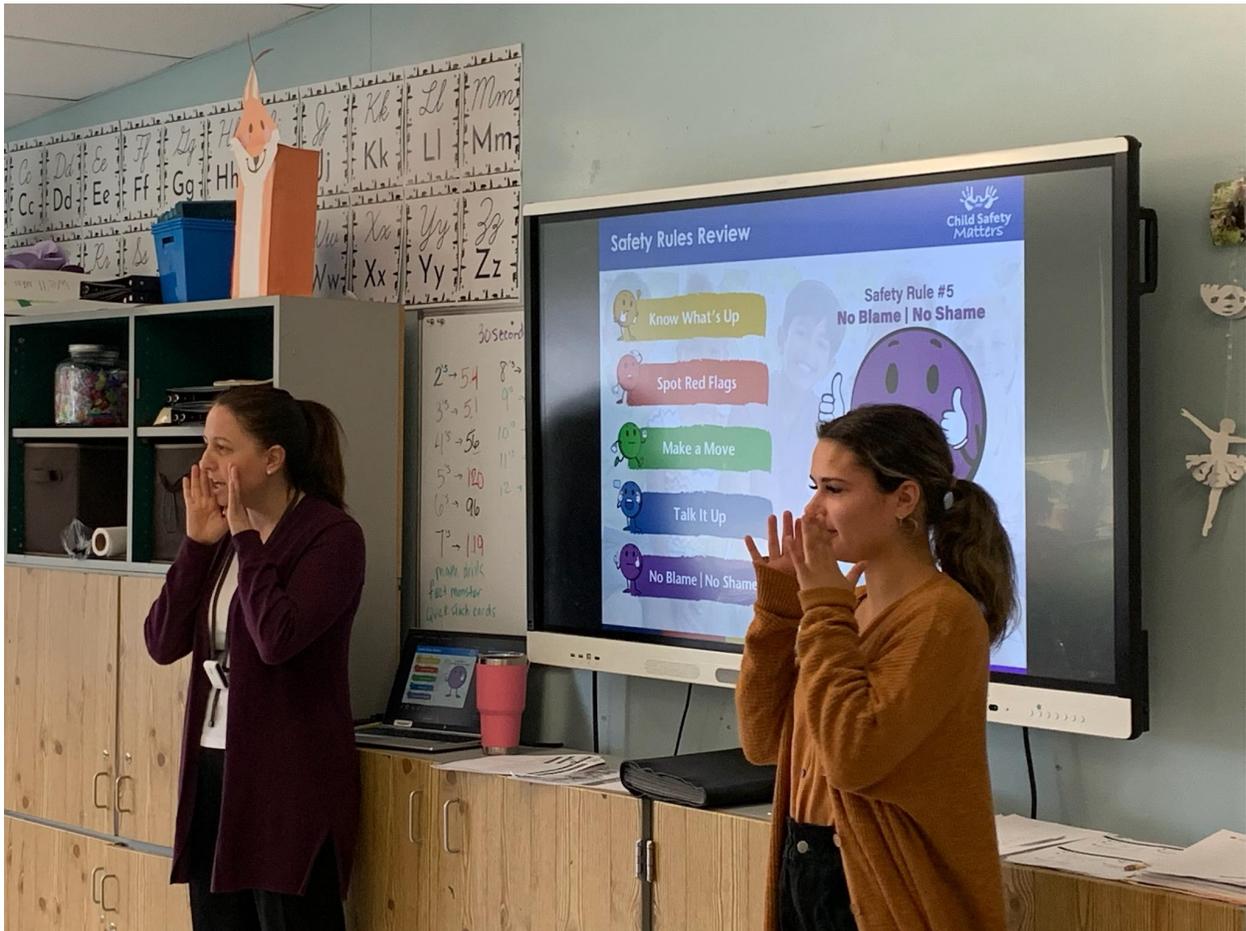
- A. Annual Academic Planning (all grade levels, PK-12)
- B. Classroom Instruction delivered by School Counselor
 - a. Elementary
 - i. Bullying Prevention (PK-5)
 - ii. Conflict Resolution/Problem Solving (PK-5)
 - iii. Personal Safety (PK-5)
 - iv. Career Exploration (PK-5)
 - v. Transition Planning (5)
 - vi. Social Skills (PK-5)
 - vii. Decision Making (PK-5)
 - b. Middle
 - i. Career Exploration (6,7,8)
 - ii. Decision Making (6)
 - iii. College Awareness (6,7,8)
 - c. High
 - i. Career Exploration (9-12)
 - ii. Transition planning (9-12)
 - iii. Assessment information and interpretation (10-12)

- iv. College & Career Planning (10-12)
- C. Small group Guidance and Counseling available to all students
 - a. Elementary
 - i. Play/lunch groups (PK-5)
 - ii. Social Skills (PK-5)
 - iii. Conflict Resolution (PK-5)
 - iv. Topics as needed (PK-5)
 - b. Middle
 - i. Lunch groups (topics as needed, 6,7,8)
 - ii. Decision Making/Responsibility/Choices (6)
 - iii. Social Skills (6)
 - iv. Conflict Resolution (6)
 - c. High
 - i. Mandated services group counseling
- D. Testing/Assessment Interpretation and Analysis
 - a. High
 - i. PreACT (10)
 - ii. PreSAT (11)
 - ii. SAT/ACT (11,12)
 - b. Middle
 - i. Interest inventory
 - ii. Naviance assessments
- E. Informational meetings for parents and students
 - a. Middle
 - i. 8th Grade Parent Night (8)
 - b. High
 - i. Financial Aid Night (11,12)
- F. Field Trips
 - a. Elementary
 - i. 5th grade BOCES visit (5)
 - b. Middle
 - i. 6th grade college visit (6)
 - ii. 8th grade BOCES visit (8)
 - c. High
 - i. College Visits (10, 11, 12)
 - ii. 10th grade BOCES visit (10)
- G. Large Group Presentations to Students - assemblies as scheduled
- H. Individual Guidance and Counseling: Provided at all levels
 - a. IEP Counseling

- b. Personal Counseling
 - c. Crisis Counseling
 - d. Academic Counseling
 - e. College and Career Counseling
 - f. Agency Referrals (School Based Health, Mobile Crisis Assessment Team, Otsego County Mental Health, private agencies, DSS, Behavioral Health Resource Center, SPOA)
- I. Professional Development - as scheduled or required for CFES, PBIS, Otsego County Counselors Association, McKinney-Vento, and various behavioral, social/emotional and mental health related topics.

Summary of Counseling and Guidance Program Services Available by Content Area

Academic Development	Career Development	Social/Emotional Development
Transition Planning (5)	Career Awareness and Exploration (PK-6)	PBIS Tier 1 (PK-5)
Decision Making Skills (K-6)	BOCES Visitation (5,8)	Primary Project (PK-3)
RTI (K-12)	College Visits (6, 9-12)	Bullying Prevention (PK-6)
Psychological Testing (K-12)	CFES (PK-12)	Conflict Resolution (PK-6)
BOCES Visitation (5,8,10)	Naviance (9-12)	Personal Safety (PK-5)
Academic Counseling (K-12)	Job Shadowing (10)	Social Skills (PK-5)
Annual Individual Progress Review Meetings (6-12)		Healthy Decision Making (PK-6)
CFES (PK-12)		Internet/Social Media Safety (4-6)
Scheduling (PK-12)		Lunch Buddies (PK-6)
8th Grade Parent Night		Character Education (PK-6)
New Student Transition (K-12)		LEAF School Based Prevention Services
McKinney-Vento Liaison (PK-12)		IEP Counseling (K-12)
		Individual Counseling (PK-12)
		Group Counseling (PK-12)
		Crisis Counseling (PK-12)

Attachments:

**** Erin's Law lessons provided for all students in grades K-6 during the 21-22 school year. Above: Sarah Purdy, Coordinator of the Otsego County Child Advocacy Center and Hannah Bosman, Opportunities for Otsego Violence Intervention Program Resource & Education Specialist working with students in 4th grade.***



*** Bulletin board in Elementary Counselor's office: Encouraging students to identify and verbalize their feelings and promoting Whole Body Listening in the school environment.**



*** Mental Health First Aid Kit: Created by Health 7 class and displayed for use in the Counseling Office**



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